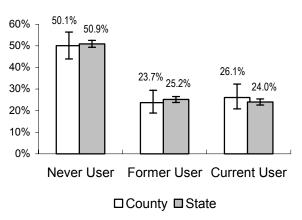
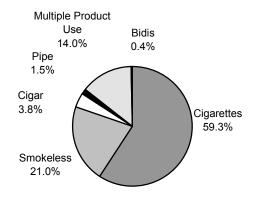
Adult Tobacco Use

Tobacco Use Status (All Types of Tobacco)

Types of Tobacco Use by Current Users (Statewide)





Program Objective: Prevent Initiation of Tobacco Use

Do you agree that: "There are so many things that cause cancer, tobacco use is not going to make any difference"

Do you agree mai. There are so many t	ıllıys illai cau	se caricer, lobacco use	is not going it	illake ally ullerence		
	County	95% CI	State	95% CI		
Strongly or somewhat agree	17.7%	(13.3-23.0)	13.9%	(12.9-15.1)		
Somewhat disagree	9.9%	(6.4-15.2)	10.9%	(9.8-12.1)		
Strongly disagree	72.4%	(66.1-77.9)	75.2%	(73.7-76.6)		
How old were you when you started smo	king? [Among	adult ever-smokers]		,		
	County	95% CI	State	95% CI		
First tried using cigarettes	14.9 yrs	(14.1-15.7)	15.6 yrs	(15.4-15.8)		
Started regularly smoking	18.4 yrs	(17.7-19.1)	18.3 yrs	(18.1-18.5)		
What are the rules about smoking in you	r home?					
- ,	County	95% CI	State	95% CI		
It is not allowed at all	76.7%	(70.9-81.6)	792%	(77.9-80.6)		
It is allowed sometimes	10.7%	(7.4-15.3)	12.2%	(11.2-13.4)		
It is allowed all the time	12.6%	(8.9-17.5)	8.5%	(7.6-9.4)		
During the past year, did you buy or give tobacco to anyone who is under age 18?						
	County	95% CI	State	95% CI		
Yes	5.6%	(3.0-10.2)	2.4%	(2.0-3.0)		
No	94.4%	(89.8-97.0)	97.6%	(97.0-98.0)		

Program Objective: Promote Quitting Among Current Tobacco Users

Readiness to Quit, from the "Stages of Change" model [Among current tobacco users]

	County	95% CI	State	95% CI
Precontemplative – not interested in quitting	19.2%	(11.0-31.3)	18.2%	(15.5-21.1)
Contemplative – interested, but not ready	55.8%	(42.3-68.4)	54.8%	(51.3-58.4)
Preparation – ready to make a quit attempt	25.0%	(15.3-38.0)	27.0%	(23.9-30.4)

On average, about how many cigarettes do you smoke per day? [Among current daily smokers]

County 95% CI State 95% CI 16.3 (14.0-18.6) 17.6 (16.7-18.5)

During the past year, have you not used tobacco for one day or longer because you were trying to quit? [Among current and recent tobacco users]

	County	95% CI	State	95% CI
Yes	62.5%	(48.8-74.4)	64.0%	(60.6-67.3)
No	37.5%	(25.6-51.2)	36.0%	(32.7-39.4)

Do you agree or disagree with the following statement: "People close to me were/are upset by my using tobacco"

[Among current and recent tobacco users]

Average number per day

County 95% CI State 95% CI Agree 77.8% (64.9-86.9) 61.4% (58.2-64.7)

Program Objective: Eliminate Exposure to Secondhand Smoke

In general, w	ould you say that breathing secondhand sm	oke is ann	oying to you?		
•	, ,	County	95% CI	State	95% CI
,	Very annoying	61.3%	(55.0-67.3)	60.1%	(58.5-61.7)
;	Somewhat annoying	21.2%	(16.4-26.8)	27.1%	(25.7-28.6)
I	Not too annoying	17.5%	(13.1-23.1)	12.8%	(11.7-13.9)
Do you think	that breathing secondhand smoke is harmfu	ıl?			
	-	County	95% CI	State	95% CI
,	Very harmful	68.1%	(61.6-74.0)	63.6%	(62.0-65.2)
;	Somewhat harmful	27.7%	(22.1-34.1)	30.8%	(29.2-32.3)
1	Not too harmful	4.2%	(2.1-8.1)	4.0%	(4.9-6.5)
Are you expo	osed to Secondhand Smoke while at work? [indoors or	lly, among people with jobs of	outside th	e home]
		County	95% CI	State	95% ČI
ļ	Exposed 1+ hours per week	29.5%	(22.3-37.8)	29.6%	(27.8-31.6)
Has anyone	smoked in your house in the past month?				
		County	95% CI	State	95% CI
;	Smoking occurred in home	13.9%	(10.1-18.8)	15.7%	(14.5-16.9)
Do you think	that smoking should be completely banned	in restaura	nnts?		
		County	95% CI	State	95% CI
,	Yes	66.5%	(60.3-72.3)	61.8%	(60.2-63.4)
If smoking we	ere completely banned in restaurants, would	you eat o	ut more often/less often/or w	ould it m	ake no difference?
		County	95% CI	State	95% CI
1	More often	19.4%	(15.0-24.8)	17.2%	(16.1-18.4)
	Less often	5.1%	(2.9-8.9)	6.2%	(5.5-7.1)
1	No difference	75.4%	(69.6-80.4)	76.6%	(75.2-77.9)
Do you agree	e that all CHILDREN should be protected fro	m second	hand smoke?		
		County	95% CI	State	95% CI
	Strongly agree	88.2%	(83.4-91.7)	83.4%	(82.1-84.6)
;	Somewhat agree	8.6%	(5.7-12.9)	10.9%	(9.9-12.0)
;	Strongly or somewhat disagree	3.2%	(1.6-6.4)	5.7%	(4.9-6.6)

Program Objective: Build Capacity to Support Local Tobacco Prevention & Control Efforts

County 95% CI

To the best of your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years?

State 95% CI

Yes	14.1%	(10.5-18.7)	13.6%	(12.6-14.7)
No	67.0%	(60.9-72.6)	63.6%	(62.1-65.2)
Don't know	18.9%	(14.3-24.5)	22.8%	(21.5-24.1)
Generally speaking, how often do you see young peop	ole, people un	nder age 18, smokin	g in your commun	nity?
	County	95% CI	State	95% CI
At least weekly	77.3%	(71.5-82.2)	78.1%	(76.7-79.4)
Less than weekly, or never	22.7%	(17.8-28.5)	21.9%	(20.6-23.3)
Do you agree that laws banning possession of tobacco	products by	minors (children un	der 18) have bee	n enforced?
	County	95% CI	State	95% CI
Strongly or somewhat agree	46.9%	(40.7-53.1)	43.6%	(42.0-45.2)
Strongly or somewhat disagree	46.9%	(40.7-53.2)	49.7%	(48.1-51.3)
Don't know	6.2%	(5.2-10.7)	6.7%	(5.9-7.5)

Does your health insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills, or other medications? [Among current and recent tobacco users]

County 95% CI State 95% CI Yes 13.9% (6.5-27.38) 25.5% (22.2-29.0)

^{**34%} of current tobacco users statewide did not know whether their insurance covered such a program**

Indicators of Pro-Tobacco Activities

Tobacco companies should have the same rights to advertise their products as other companies.

	County	95% CI	State	95% CI
Strongly or Somewhat agree	40.9%	(34.7-47.4)	40.0%	(38.4-41.6)
Somewhat disagree	10.3%	(7.1-14.7)	14.3%	(13.1-15.4)
Strongly disagree	48.9%	(42.4-55.3)	45.8%	(44.1-47.4)

Some tobacco companies make promotional items like clothing, hats, bags or other things with their brand on it. Would you ever use or wear something that has a tobacco company logo or picture on it?

	County	95% CI	State	95% CI
Yes	21.7%	(16.9-27.3)	19.7%	(18.4-21.0)
No	78.3%	(72.7-83.1)	80.3%	(79.0-81.6)

Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it? [Among people who said they were willing use such an item]

	County	95% CI	State	95% CI
Yes	49.9%	(37.0-62.7)	49.1%	(45.4-52.7)
No	50.1%	(37.3-63.0)	50.9%	(47.3-54.6)

During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?

	County	95% CI	State	95% CI
Yes	16.3%	(12.3-21.2)	15.7%	(14.5-16.9)
No	83.7%	(78.8-87.6)	84.3%	(83.1-85.5)

Demographics of Respondents

People who answered the telephone survey were asked a few questions about themselves. Statistical weights were applied so that approximately half of the respondents were measured as women/men, and to represent age distributions similar to the state. Other characteristics are as follows.

What is the highest level of education that you have completed?

		County	95% CI	State	95% CI
	Less than HS	13.2%	(9.6-18.0)	7.9%	(7.1-8.8)
	HS diploma or GED	34.3%	(28.6-40.5)	25.6%	(24.3-27.0)
	Some or more college	52.5%	(46.2-58.7)	66.4%	(64.9-67.9)
What is yo	ur income?		,		,
•		County	95% CI	State	95% CI
	Less than \$25,000 per year	17.6%	(13.4-22.8)	13.5%	(12.4-14.6)
	\$25,000 - \$50,000 per year	53.6%	(46.9-60.2)	46.6%	(44.9-48.3)
	More than \$50,000 per year	28.8%	(23.0-35.3)	39.9%	(38.2-41.6)
What is you	ur race/ethnicity?		,		,
•	•	County	95% CI	State	95% CI
	White, non-Hispanic	83.2%	(77.7-87.6)	89.3%	(88.1-90.4%)
	People of Color	16.8%	(12.4-22.3)	10.7%	(9.6-11.9%)

Where did this information come from?

A telephone survey of more than 9,500 Washington State adult residents was conducted by the Department of Health in October-December 2000. At least 200 adult surveys were completed in every Washington County. This survey was conducted in English language only. Estimates may not represent the true population values, because individuals without telephones and/or non-English speaking persons would not be able to participate.

Data collected by the Washington State or locally-supported Behavioral Risk Factor Surveillance System (BRFSS) surveys to describe tobacco use should be considered more reliable than data presented here, because BRFSS surveys are conducted throughout the year to avoid effects of seasonality. Data represented in this report were collected in the fall, when tobacco use rates may be different than a year-long average from BRFSS. Estimates of current tobacco use presented here include use of *any* tobacco products, while BRFSS typically describes only current cigarette use *or* smokeless tobacco use.

Data presented are age and gender-adjusted to correct for participation biases, to represent the true distribution of residents in Washington State.

Analyses were conducted using Stata 7.0 and SPSS 7.5.

Data Definitions

"Never" Tobacco User

Individuals who had never used more than 5 packs of cigarettes in their lifetime, and who did not report using any type of tobacco (cigarette, smokeless, cigar, bidi, clove, pipe) within the past 30 days.

Former Tobacco User

Individuals who reported using 5 or more packs of cigarettes in their lifetime, but did not report any use of tobacco within the past 30 days. It should be noted that this would not capture past regular users of smokeless tobacco, cigars, pipes, or other non-cigarette tobacco products.

Current Tobacco User

Individuals who reported using 5 or more packs of cigarettes in their lifetime and current smoking on "some days" or "every day," or any other type of tobacco use within the past 30 days.

For additional information about this survey, please contact: Julia Dilley, Evaluation Coordinator Washington State Department of Health (360) 236-3632 julia.dilley@doh.wa.gov

For additional information about the Washington State Department of Health's comprehensive tobacco prevention & control program, please visit our website: http://www.doh.wa.gov/tobacco